

“Education for knowledge, Science and Culture”

Shikshanmaharshi Dr.Bapuji Salunkhe

Shri Swami Vivekanand Shikshan Sanstha's

**Vivekanand College. Kolhapur (Autonomous)**

**Department of Home Science**

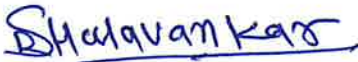
**Annual Teaching Plan**

**Academic Year -2018-19**


## Annual Teaching Plan

**Academic Year : 2018-19**      **Semester : I**      **Department : Home Science**  
**Subject : Home Science**      **Course Title : Fundamentals of Food and Nutrition**  
**Name of the teacher : Mrs. S.R. Halvankar**

Month : July. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total		
	6	6		
Month : Aug. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total		
	6	6		
Month : Sept. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total		
	6	6		
Month : Oct. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total		
	6	6		
Month : Nov. 2018			Exam	Exam

  
 Name and Signature of Teacher  
 Mrs S.R. Halvankar



  
 Name and Signature of HoD  
 Mrs. K. H. N.  
 Head of the  
 Department of Home Science  
 Vivekanand College, Kolhapur

## Annual Teaching Plan

Academic Year : 2018-19

Semester : III

Department : Home Science

Subject : Home Science

Course Title : IV. Introduction to Food Safety and Preservation

Name of the teacher : Mrs S.R. Halvankar

Month : July, 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	1.Introduction to food preservation	1. Definition and concept of food preservation 2. Objectives of food preservation 3. Scope of food preservation industry in India <b>Practical</b>
8	8	16		
Month : Aug .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	2.Food Safety	1.Key terms, Factors affecting Food Safety 2.Food laws, Standards and Regulations 3.Food and contaminants 4. Hygiene and sanitation 5. Precaution to be taken for preservation do's and don'ts of food preservation 6.HACCP <b>Practical</b>
8	8	16		
Month : Sept.2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	3.Principles of food preservation	1.Principles of food preservation 2. Common terms used in food preservation 3. Factors affecting growth of microorganisms <b>Practical</b>
6	6	12		
Month : Oct .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	4.Methods of food	1.Preservation by high

8	8	16	preservation	temperature 2.Preservation by low temperature 3. Preparation by Drying 4.Preparation by preservatives 5. Preparation by irradiation 6. New methods of preservation <b>Practical</b>
Month : Nov .2018			Exam	Exam

S. Halvankar

Name and Signature of Teacher  
Mrs - S.R. Halvankar



H.Kole

Name and Signature of HoD

Mrs.Kole H.N  
**Head of the  
Department of Home Science  
Vivekanand College, Kolhapur**

### Annual Teaching Plan

Academic Year : 2018-19

Semester : V

Department : Home Science

Subject : Home Science

Course Title : IX. Fabric Ornamentation and Accessory Designing

Name of the teacher : S.R.Halvankar

Month : July. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	I : Fabric Ornamentation	a) Concept and Importance of Fabric Ornamentation b) History of Indian Embroidery c) Material, techniques, design, color combination used for d) Basic stitches – Running stitch, Stem stitch, Bullion stitch, Feather stitch, Fly stitch, Satin stitch, French knot, Kutchi stitch, and Appliqué work <b>Practical's:</b>
12	12	24		
Month : Aug .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	II : Traditional Embroideries	a) History of Traditional Embroidery in India b) Kasuti of Karnataka and Phulkari of Punjab c) Kantha of Bengal and Kashida of Kashmir <b>PRACTICAL</b>
13	12	25		
Month : Sept.2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	III. Techniques of fabric Ornamentation	b) Tie and dye Printing - dyes used and types Batik printing e) Spráy and Screen Printing f) Fabric Painting - Plain, Dotted, Lining, Triangle, Shading painting <b>PRACTICAL</b>
12	12	24		

Month : Oct .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV : Accessories Designing	
13	12	25		a) Application of techniques of accessory designing b) Designed accessories available in the market <b>PRACTICAL-</b>
Month : Nov .2018			Exam	Exam

*Shalavankar*

Name and Signature of Teacher



*H.Kole*

Name and Signature of HoD

Mrs.Kole H.N.

**Head of the  
Department of Home Science  
Vivekanand College, Kolhapur.**

**Annual Teaching Plan**

Academic Year : 2018-19

Semester : V

Department : Home Science

## Annual Teaching Plan

Academic Year : 2018-19

Semester : V

Department : Home Science

Subject : Home Science

Course Title : XI Research Methodology

Name of the teacher : S.R.Halvankar

Month : July. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	III - Researches in Home Science	a) Scope of Home Science Education in Research b) Facilities required for conducting research
3	-	3		
Month : Aug. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	III - Researches in Home Science	c) Use of research journals and ICT d) Concept and steps in report writing
4	-	4		
Month : Sept. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV - Designing Thrust areas of Research in Home Science	a) Food & Nutrition b) Home Management c) Textile
3	-	3		
Month : Oct. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV - Designing Thrust areas of Research in Home Science	- d) Child Development e) Extension Education
4	-	4		
Month : Nov. 2018			Exam	Exam

*S.R. Halvankar*

Name and Signature of Teacher



*H.N. Kole*

Name and Signature of HoD

Mrs. Kole H.N.

**Head of the  
Department of Home Science  
Vivekanand College, Kolhapur**

## Annual Teaching Plan

Academic Year : 2018-19

Semester : II

Department : Home Science

Subject : Home Science

Course Title : II RESOURCE MANAGEMENT

Name of the teacher : Mes. S.R.Halvankar

Month : Dec. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	1.Introduction to Family Resource Management	Practice- Application of Motivational Factors of Management in day to day life
—	6	6		
Month : Jan.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	II.Family Resources	Practical- SWOT analysis
—	6	6		
Month : Feb.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	III Management of Specific Family Resources	Practical- Money and Time Management for Self and Family
—	6	6		
Month : Mar .2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV.Functions of Management	Practical- Event Planning
—	8	8		
Month : April .2019			Exam	Exam

  
Name and Signature of Teacher



  
Name and Signature of HoD  
Mrs.Kole H.N.

**Head of the  
Department of Home Science  
Vivekanand College, Kolhapur**



### Annual Teaching Plan

Academic Year : 2018-19

Semester : IV

Department : Home Science

Subject : Home Science

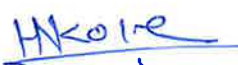
Course Title : VI Introduction to human development

Name of the teacher :

Month : Dec. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	1.Importance of human development	1.Meaning, Definition and Scope of human development 2. Definition of growth and development, stages of development 3. Dimensions and principles of development <b>Practical</b>
8	8	16		
Month : Jan.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	1.Importance of human development	. Factors affecting growth and development <b>Practical</b>
8	8	16		
Month : Feb.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	2.Prenatal development	1.Male and female reproductive system <b>Practical</b>
6	6	12		
Month : Mar .2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	2.Prenatal development	2.Menstrual cycle conception stages of prenatal development <b>Practical</b>
8	8	16		
Month : April .2019			Exam	Exam

  
Name and Signature of Teacher



  
Name and Signature of HoD  
Mrs.Kole H..N  
Head of the  
Department of Home Science  
Vivekanand College, Kolhapur

Annual Teaching Plan

### Annual Teaching Plan

Academic Year : 2018-19

Semester : VI

Department : Home Science

Subject : Home Science

Course Title : XVI.– Home Science Extension Education

Name of the teacher : Mrs.S.R.Halvankar

Month : Dec. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>I: Education &amp; Communication</b>	Learning – Definition and Principle  b)Teaching – Definition and Principles
3	-	3		
Month : Jan.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>I: Education &amp; Communication</b>	C) Communication – Definition, Process, Types, Importance in education a) Education – Definition, Meaning and Types
4	-	4		
Month : Feb.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>III- Extension Teaching Methods</b>	Definition and Classification a) Individual Contact Methods – Farm & home visit, Telephone call, Personal
3	-	3		
Month : Mar .2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>III- Extension Teaching Methods</b>	C) Group Contact Methods – General meeting, Lecture, Demonstration, Workshop, Seminar, Conferences, Symposium. d) Mass contact methods – Radio, TV, Film shows, Puppet show, Drama, Street play
5	-	5		
Month : April .2019			Exam	Exam

*Shalvankar*

Name and Signature of Teacher

Mrs.Kole H.N



*H.Kole*

Name and Signature of HoD

Mrs.Kole H.N.

**Head of the  
Department of Home Science  
Vivekanand College, Kolhapur**

### Annual Teaching Plan

Academic Year : 2018-19

Semester : VI

Department : Home Science

Subject : Home Science

Course Title : XIV. Fashion & Apparel Designing

Name of the teacher : Mrs.S.R.Halvankar

Month : Dec. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>I Fashion Designing</b>	a) History of Fashion b) Scope & Importance of Fashion Designing C) Fashion Terminology <b>Practical</b>
16	16	32		
Month : Jan.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>II Principles &amp; elements of design</b>	a) Elements of Design as applied to Fashion and Apparel Designing – Colour, Line, Texture, Space, Silhouette <b>Practical</b>
16	16	32		
Month : Feb.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>III : Croqui</b>	a) Ten head croqui - Front & back view b) Hand & leg movements c) Types of Personality d) Terms used in designing sketching <b>Practical</b>
12	12	24		
Month : Mar .2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>IV:Elements of Fashion Apparel Designing</b>	a) Necklines b) Collars C) Sleeves d) Yokes <b>Practical</b>
16	16	32		
Month : April .2019			Exam	Exam

*Shalvankar*

Name and Signature of Teacher

Mrs.Kole H.N



*H.Kole*

Name and Signature of HoD


Mrs.Kole H.N.

**Head of the  
Department of Home Science  
Vivekanand College, Kolhapur**


### Annual Teaching Plan

**Academic Year : 2018-19**      Semester : I      Department : Home Science  
**Subject : Home Science**      Course Title : Fundamentals of Food and Nutrition  
**Name of the teacher : Mrs. B.A.Mude**

Month : July. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total		
—	6	6		<b>A) Cereals:</b> Boiled rice/pulao, chapatti/paratha, puri <b>B) Pulses:</b> Whole
Month : Aug. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total		
—	6	6		<b>Practical's</b> <b>A) Beverages:</b> Hot tea/coffee, Milk shake/lassi, fruit based beverages <b>B) Soups:</b> Broth, plain
Month : Sept. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total		
—	6	6		<b>C) Vegetables:</b> curries, dry preparations <b>D) Milk and milk products:</b> Kheer, custard <b>Vit. A rich Dish</b>
Month : Oct. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total		
—	6	6		<b>Vit. B<sub>1</sub> rich Dish / Vit. C rich Dish</b> <b>Method of cooking –one Practical each.</b>
Month : Nov. 2018			Exam	Exam

  
 Name and Signature of Teacher  
 Mrs. B.A.Mude




  
 Name and Signature of HoD  
 Mrs. K. H. N. Kole  
 Head of the  
 Department of Home Science  
 Vivekanand College, Kolhapur

### Annual Teaching Plan

Academic Year : 2018-19 Semester : V Department : Home Science  
 Subject : Home Science Course Title : VIII Entrepreneurship Development  
 Name of the teacher : Mrs.Mude B.A.

Month : July. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>I. Entrepreneurship</b>	a) Definition and Concept of entrepreneurship b) Need of entrepreneurship c) Types of entrepreneurship d) Characteristics of entrepreneur <b>PRACTICAL</b>
9	12	21		
Month : Aug .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>II : Project Proposal</b>	a) Meaning & Concept of Project b) Guidelines for Project proposal c) Importance of Project proposal d) Content of Project report <b>PRACTICAL -</b>
9	12	21		
Month : Sept.2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>III: Women Entrepreneurship</b>	a) Concept & Characteristics of Women entrepreneurship. b) Qualities of Women entrepreneur c) Problems & Remedies for Women entrepreneurship d) Policies for Women entrepreneurship- Central & State level <b>PRACTICAL</b>
9	12	21		
Month : Oct .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>IV : Home Science Education and Entrepreneurship</b>	a) Scope of Home science Education for Entrepreneurship b) Funding agencies - Central, state and others c) Finance Management d) Special funding schemes for women entrepreneurs <b>PRACTICAL-</b>
10	12	22		
Month : Nov .2018			Exam	Exam

  
 Name and Signature of Teacher  
 Mrs.Mude B.A.



  
 Name and Signature of HoD  
 Mrs.Kole H.N

**Head of the  
 Department of Home Science  
 Vivekanand College, Kolhapur**

## Annual Teaching Plan

Academic Year : 2018-19

Semester : V

Department : Home Science

Subject : Home Science

Course Title : X. Late Childhood and Adolescence

Name of the teacher : Mrs.B.A.Mude

Month : July. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	I: Late childhood- Physical, Motor and Social Development	a)Concept, Characteristics and Development tasks of Late Childhood b) Physical and Motor Social, Development during Late Childhood
10	—	10		
Month : Aug .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	II : Late childhood - Emotional Development and Behavior Problems	Emotional Development – Common emotional patterns, Heightened emotionality, Emotional catharsis Behavior problems
9	—	9		
Month : Sept.2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	III : Adolescence – Physical Growth , effects and Problems	Meaning ,Definition ,and Characteristics of Adolescence , Physical Growth effects and Problems
9	—	9		
Month : Oct .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV: Adolescence- socialization	Friendship, Relationship of Family, Relationship of Peers .
10	—	10		
Month : Nov .2018			Exam	Exam

*B.A. Mude*

Name and Signature of Teacher

Mrs.B.A.Mude



*H.N. Kole*

Name and Signature of HoD

Mrs.H.N.Kole

Head of the  
Department of Home Science  
Vivekanand College, Kolhapur

### Annual Teaching Plan

Academic Year : 2018-19

Semester : V

Department : Home Science

Subject : Home Science

Course Title : XI. Research Methodology

Name of the teacher : Mrs.Mude B.A.

Month : July. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	I – Introduction to Research	a) Concept of Research
3	—	3		
Month : Aug .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	I – Introduction to Research	b) Need and Importance of Research
4	—	4		
Month : Sept.2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	I – Introduction to Research	c) Type of Research
3	—	3		
Month : Oct .2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	I – Introduction to Research	d) Steps of Research
4	—	4		
Month : Nov .2018			Exam	Exam

*Bm*

Name and Signature of Teacher

Mrs.Mude B.A.



*H.Kole*

Name and Signature of HoD

Mrs.H.N.Kole

Head of the  
Department of Home Science  
Vivekanand College, Kolhapur

## Annual Teaching Plan

Academic Year : 2018-19

Semester : II

Department : Home Science

Subject : Home Science

Course Title : II.Family Resource Management

Name of the teacher : Mrs.Mude B.A.

Month : Dec. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	1.Introduction to Family Resource Management	Practice- Application of Motivational Factors of Management in day to day life
—	6	6		
Month : Jan.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	II.Family Resources	Practical- SWOT analysis
—	6	6		
Month : Feb.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	III Management of Specific Family Resources	Practical- Money and Time Management for Self and Family
—	6	6		
Month : Mar .2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV. Functions of Management	Practical- Event Planning
—	8	8		
Month : April .2019			Exam	Exam

  
Name and Signature of Teacher  
Mrs.Mude B.A.



  
Name and Signature of HoD  
Mrs.Kole H.N.

**Head of the  
Department of Home Science  
Vivekanand College, Kolhapur**



### Annual Teaching Plan

Academic Year : 2018-19

Semester : VI

Department : Home Science

Subject : Home Science

Course Title : XIII INTERIOR DECORATIO

Name of the teacher : Mrs.Mude B.A

Month : Dec. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>I. Colours in Interior Decoration</b>	a) Concept of Colour b) Colour Hue c) Colour Scheme d) Colour Wheel <b>Practical</b>
8	8	16		
Month : Jan.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>II - Flower Arrangement</b>	a) Concept and Importance b) Materials and Equipments used c) Types of Flower Arrangement <b>Practical</b>
8	8	16		
Month : Feb.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>III .Lighting and Ventilation</b>	a) Sources of Light and ventilation b) Principles of Light and Ventilation c) Methods of Light and Ventilation d) Wiring methods <b>Practical</b>
6	6	12		
Month : Mar .2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>IV. Internal Amenities</b>	<b>Unit a)</b> Concept and Importance of House Drainage b) Methods of House Drainage c) Concept and Importance of Waste disposal d) Types and Methods of Waste disposal <b>Practical</b>
8	8	16		
Month : April .2019			Exam	Exam

*Bm*

Name and Signature of Teacher  
Mrs.Mude B.A



*Hkole*

Name and Signature of HoD  
Mrs.Kole H.N

*Head of the*  
**Department of Home Science**  
**Vivekanand College, Kolhapur**

### Annual Teaching Plan

Academic Year : 2018-19  
Subject : Home Science

Semester : VI


Department : Home Science

Course Title : XV. Paper Title **Dynamics of Marriage and Family**


Name of the teacher : Mrs.Mude B.A

Month : Dec. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>I- Marriage</b>	<b>a)</b> Definition and Functions of marriage <b>b)</b> Readiness for marriage and factors to be considered for mate selection <b>c)</b> Types of marriage – arranged, love, registered and others – advantages and disadvantages. <b>d)</b> Pre and Post Marital Counseling <b>Practical</b> 1. Survey of different types of marriages/family with minimum five sample size and its report writing
12	16	28		
Month : Jan.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>II- Family</b>	<b>a)</b> Definition and Functions of family <b>b)</b> Types of family – Nuclear, joint, extended <b>C)</b> Changing forms of family – causes and consequences <b>d)</b> Role of husband and wife – Traditional and modern <b>e)</b> Stages of family life cycle. Unit <b>Practical</b>
12	16	28		
Month : Feb.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	<b>III- Adjustm in Marriage and Family</b>	<b>a)</b> Adjustment in marriage and family- economical, sexual, in laws, career, religious and social. <b>b)</b> Parenthood – Concept of parenthood, Task of parenting
9	12	21		

				and parenting skills, joys and challenges. c) Family Planning - Need and Methods. d) Family crisis – Concept, Causes and Ways of coping – Divorce, Severe and prolonged illness, Unemployment, Death <b>Practical</b>
<b>Month : Mar .2019</b>			<b>Module/Unit :</b>	<b>Sub - units planned</b>
Lectures	Practical's	Total	<b>IV- Laws related to Marriage and Family</b>	a) Laws related to Marriage and Family – Hindu Marriage act, Special Marriage Act, Family Violence Act, Sexual Harassment at Work Place Act, Hindu Succession Act (Amendment act, 2005), Pre conception and Pre-natal Diagnostic techniques (prohibition of sex selection act, 2003), Hindu Adoption and Maintenance Act (HAMA) 1956. C) Counseling – Definition and Importance, Need and Ways of pre marital, post marital, family and vocational counseling. d) Introduction to Right to Information Act 2005
12	16	28		
<b>Month : April .2019</b>			Exam	Exam

  
Name and Signature of Teacher  
Mrs.Mude B.A



  
Name and Signature of HoD  
Mrs.Kõle H.N.  
Head of the  
Department of Home Science  
Vivekanand College, Kolhapur

### Annual Teaching Plan

Academic Year : 2018-19

Semester : VI

Department : Home Science

Subject : Home Science

Course Title : XVI.- Home Science Extension Education

Name of the teacher : Mrs.B.A.Mude

Month : Dec. 2018			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV: Communication in Extension Education	Communication -Definition ,Process, Type
3	-	3		
Month : Jan.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV: Communication in Extension Education	Audio visual aids- meaning and Classification
4	-	4		
Month : Feb.2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV: Communication in Extension Education	Non projected aids
3	-	3		
Month : Mar .2019			Module/Unit :	Sub - units planned
Lectures	Practical's	Total	IV: Communication in Extension Education	projected aids
4	-	4		
Month : April .2019			Exam	Exam

*B.A.Mude*

Name and Signature of Teacher  
Mrs.Kole H.N



*H.Kole*

Name and Signature of HoD  
Mrs.Kole H.N.

Head of the  
Department of Home Science  
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