"Education for knowledge, Science and Culture"
Shikshanmaharshi Dr.Bapuji Salunkhe
Shri Swami Vivekanand Shikshan Sanstha's

# Vivekanand College. Kolhapur (Autonomous)

**Department of Home Science** 

**Annual Teaching Plan** 

Academic Year -2022-23

### "ज्ञान विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार" शिक्षणमहर्षी डॉ.बापूजी साळुंखे

# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS) Annual Teaching Plan

Academic Year: 2022-23.

B.A.I Semester:...I... Department: Home Science.

Subject: Home Science Course 1 Course Title: Fundamentals of Food Science and Nutrition

Name of the teacher: Mrs U. S. Khot.

Month August			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module-1 Understanding	1 Basic terms used in study of food and nutrition
7	4	11	food and Nutrition	2 Understanding relationship between food, nutrition and health 3 Functions of food Practical
Month September			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module-2 Food Groups	Module-2 1Basic five food groups
8	4	12	- Food Groups	2 Selection and nutritional contribution and changes during cooking of the following food groups: Cereals, Pulses, Fruits and vegetables, Milk & milk products Eggs ,Meat, poultry and fish Fats and Oils Practical
Month Oct	ober		Module/Unit:	Sub-units planned
Lectures 7	Practicals 4	11	Module3 Methods of cooking with advantages disadvantage	1Moist heat: Boiling, Steaming, Pressure cooking 2 Dry heat:Roasting,Baking 3 Frying:Deep and Shallow frying 4 Resent trends Microwave cooking Practical
Month Nov	/ember		Module/Unit:	Sub-units planned

Lectures 8	Practical 4	12	Module-4 Nutrients:	Functions, dietary sources and clinical manifestations of deficiency/ excess of the following nutrients:  1 Carbohydrates, lipids and proteins  2 Fat soluble vitamins-A, D, E and K  3 Water soluble vitamins – thiamine, riboflavin, niacin and vitamin C  4 Minerals – calcium, iron, iodine and zinc  Practical
Month Dec	eember		Module/Unit	Sub-units planned
2		,		Oral exam

J.S.Khot

Name and Signature of Teacher

Name and Signature o fHoD

Mead of the Department of Home Science Vivekanand College, Kolhapus



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### Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS)

**Annual Teaching Plan** 

Academic Year: 2022-23 B.A.II

Semester:...III... Department: Home Science.

Subject: Home Science Course III Course Title: Fundamentals of Interior Design

Name of the teacher: Mrs U. S. Khot

Month Aug	gust		Module/Unit:	Sub-units planned
Lectures 4	Practicals 2	Total 6	Module 1: Fundamentals of Design	1.1 Elements of Arts 1.2 Principles if Design 1.3Application of elements and principles of design in Interior decoration
Month Sep	tember		Module/Unit:	Practical Sub-units planned
Lectures	Practical	Total	Module no. 2 Colours	2.1 Colour- Definition and Importance 2.2 Dimensions of colour
8	4	12	Colours	2.3 Classification of colour 2.4 Effects of colour and colour schemes on Interior Decoration Practical
Month October		Module/Unit:	Sub-units planned	
			Module no 3  – Furniture arrangement	<ul> <li>3.1 Importance of furniture,</li> <li>3.2 Types of furniture and material used for furniture</li> <li>3.3 Selection of furniture, furniture arrangement in different rooms</li> <li>3.4 Care and maintenance of furniture Practical</li> </ul>
Month No	vember		Module/Unit:	Sub-units planned
8	4	12	Module 4: Flower arrangement and Flower Decoration	<ul> <li>4.1 Importance of flower arrangement and flower decoration</li> <li>4.2 Material used for flower arrangement and flower decoration</li> <li>4.3 Types of Flower Arrangement and Flower Decoration</li> <li>Practical</li> </ul>
Month Dec	ember		Module/Unit	Sub-units planned
- a a	5			Oral exam

Name and Signature of Teacher

Name and Signature of HoD

meau of the Department of Home Science Vivekenend College, Kolhapa



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# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS)

### **Annual Teaching Plan**

Academic Year: 2022-23 B.A.II Semester:...III... Department: Home Science.

Subject: Home Science Course IV

Course Title: Introduction to Food Preservation and Food Safety

Name of the teacher: Mrs U. S. Khot

Month Aug	gust		Module/Unit:	Sub-units planned
Lectures 4	practical's	Total 6	Module 1: Introduction to Food Preservation	1.1 Definition and concept of Food Preservation 1.2 Objectives of Food Preservation 1.3 Scope of Food Preservation Industry in India Practical
Month Sep	tember		Module/Unit:	Sub-units planned
Lectures	practical's	Total	Module 2: Principles of	2.1 Principles of Food Preservation 2.2 Common terms used in Food
10	4	14	Food Preservation	Preservation 2.3 Factors affecting growth of microorganisms Practical
Month Octo			Module/Unit:	Sub-units planned
Lectures 8	practical's	Total	Module 3: Methods of Food Preservation	3.1 Preservation by High Temperature 3.2 Preservation by Low Temperature 3.3 Preservation by Drying 3.4 Preservation by Preservatives 3.5 Preservation by Irradiation 3.6 New Methods of Preservation Practical
Month Nov	ember		Module/Unit:	Sub-units planned
Lectures 8	practical's 4	Total 12	Module 4: Food Safety	4.1 Key terms, Factors affecting Food Safety 4.2 Food laws, Standards and Regulations 4.3 Food Additives and Contaminants 4.4 Hygiene and Sanitation 4.5 HACCAP Practical
Month Dec	ember		Module/Unit	Sub-units planned
14 35				Oral exam

Name and Signature of Teacher

Name and Signature of HoD

Department of Home Science Vivekenand College, Kolhanns



### "ज्ञान, विज्ञान आणि सुसंस्कार यांसाठी त्रिक्षण प्रसार" त्रिक्षणमहर्षी डॉ.बापूजी साळुंखे

# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS) Annual Teaching Plan

Academic Year: 2022-23.

B.A.III Semester:...V... Department: Home Science.

Subject: Home Science Course VII Course Title: Nutrition for the Family

Name of the teacher: Mrs U. S. Khot.

Month August			Module/Unit:	Sub-units planned	
Lectures	Practicals	Total	Module 1. Principles of	1.1 Concept and importance of Balanced Diet and Meal Management	
4		4	Meal Planning		
Month September			Module/Unit:	Sub-units planned	
Lectures	Practicals	Total	Module 1. Principles of	1.2 Factors affecting Meal Planning	
4		4	Meal Planning		
Month Oct	ober		Module/Unit:	Sub-units planned	
Lectures 4	Practicals	4	Module 1. Principles of Meal Planning	<ol> <li>3 Concept and use of Food Exchange List</li> <li>4 Concept and importance of DRI( Dietary Reference Intakes) and RDA</li> <li>2.</li> </ol>	
Month Nov	vember		Module/Unit:	Sub-units planned	
Lectures 4	Practical	4	Module 1. Principles of Meal Planning	1.5 Dietary Guidelines for Indians and Food Pyramid	
Month December:			Module/Unit	Sub-units planned	
9	at			Practical exam	

Name and Signature of Teacher

Name and Signature of HoD

Department of Home Science Vivokanand College, Kolhapu



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### Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS)

**Annual Teaching Plan** 

Academic Year: 2022 - 2023

Semester: V

Department: Home

Science

Subject: Home Science Course Title: VIII Fundamentals of Textile Science and

Apparel Construction-II

Name of the teacher: Mrs II S Khot

ust		Module/Unit:	Sub-units planned
practical's	Total	Module-3	1Ten head Croqui
	4	Croqui	
tember		Module/Unit:	Sub-units planned
practical's	Total	Module-3 Basics of	1Ten head Croqui
	4	Croqui	
ber	12	Module/Unit:	Sub-units planned
practical's	Total 4	Module-3 Basics of Croqui	2. Hand and Leg movements
ember		Module/Unit:	Sub-units planned
practical's	Total 4	Module-3 Basics of Croqui	3. Types of Figures
Month December			Sub-units planned
			Practical Exam
	practical's  ober  practical's  rember  practical's	practical's Total  dember  practical's Total  4  beer  practical's Total  4  rember  practical's Total  4  rember  practical's Total  4	practical's Total Basics of Croqui  member Module/Unit:  practical's Total Basics of Croqui  module-3  module-3  module-3  module-3  module/Unit:  module-3  module-3

Name and Signature of Teacher

Name and Signature of HoD

mead of the Department of Home Science Vivokanand College. Kolhapu



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# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS) Annual Teaching Plan

Academic Year: ...2022-223 Semester:...II... Department: of Home Science

Subject Home Science: Course II
Course Title: Resource Management

Name of the teacher: ... U.S.Khot

MonthJanuary			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module-1 Introduction to	1Meaning and Concept of Management
5	3	8	Resource Management	2) Need of Management in day  -to-day life  Practical
Month February			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module-1 Introduction to	3) Management in changing world
8	7	15	Resource Management Module-2 Resources	<ul><li>4) Motivational factors in management</li><li>1) Understanding meaning and concept of resources</li><li>2) Classification of resources</li><li>Practical</li></ul>
Month March			Module/Unit:	Sub-units planned
8	8	16	Module-2 Resources Module 3 Availability and Management of Specific resources by an individual /Family	3) Characteristics of resources 4) Factors affecting utilization of resources 1)Money: Meaning, sources, ways of improving money income Practical

Month Ap	ril		Module/Unit:	Sub-units planned
5	8	13	Module 3 Availability and Management of Specific resources by an individual /Family Module-4 Functions of Management: An overview	2)Time:Concept, Classification importance and Characteristic 3)Energy:Concept Classification and Importance 1 Decision Making –Meaning, steps and Importance Practical
Month May			Module/Unit:	Sub-units planned
9	8	17	Module-4 Functions of Management: An overview	2 Planning – Meaning ,Steps Characteristics and advantages 3 Controlling- Meaning, Steps and importance 4 Evaluation – Meaning, types and advantages Practical Oral exam

Name and Signature of Teacher

Name and Signature of HoD

Begarinent of Home Science Vivekanand College, Kolhapur



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### शिक्षण महर्षी डॉ.बापूजी साळ्ंखे

# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS)

#### **Annual Teaching Plan**

Academic Year: ...22-23 Semester:...IV... Department: of Home Science

Subject Home Science: Course V

Course Title: Fundamentals of Textile Science and Apparel Construction-I

Name of the teacher: ... U.S. Khot

Month Janua	Month January			Sub-units planned
Lectures 1	Practicals	Total 2	Module 1: Textile Fibres and Yarns	1.1 Definition and Classification of Textile Fibres based on their origin and length
Month February			Module/Unit:	Sub-units planned
Lectures 8	Practicals 8	16	Module 1: Textile Fibres and Yarns Module 2: Fabric Construction	1.2 Manufacturing and Properties of Cotton, Silk, Wool, Viscose Rayon and Polyester 1.3 Classification of yarn - Simple and Novelty yarns, Yarn Twist, Yarn Count 2.1 Basic Parts of loom 2.2 Weaves - Basic Weaves: Plain, Twill, Satin Novelty Weaves: Lino, Jacquard, Pile, Lappet, Spot Weave Practical
Month March			Module/Unit:	Sub-units planned
8	9	17	Module 2: Fabric Construction Module 3: Introduction to Apparel Construction	2.3 Finishes- Definition, Objectives and Classification 2.4 Finishing Processes- Singeing, Scouring, Bleaching, Sanforizing, Mercerising, Sizing, Water proof, Fire proof finishes 3.1 <b>Terms</b> used in Apparel Construction-Seam Allowance,

e e				Pattern, Grading, Notch, Stay stitching Practical
Month Apr	1		Module/Unit:	Sub-units planned
8	6	14	Module 3: Introduction to Apparel Construction Module 4: Pattern Drafting and Elements of Clothing Construction	3.2 Tools and equipment used for measuring, drafting, pinning, marking, cutting, Sewing, Pressing 3.3 Preparation of fabrics for clothing construction-Shrinking, Strengthening, Layout, Marking and Cutting of Patterns 4.1 Body Measurement-Types and Guidelines for taking body measurements Practical
May			Module/Unit:	Sub-units planned
8	6	14	Module 4: Pattern Drafting and Elements of Clothing Construction	4.2 Drafting, Types of Paper Pattern 4. 3 Basic Elements of Apparel Construction i) Seams-Plain, French, Flat fell ii) Darts-Open, Close, Double iii) Pleats-Simple, Box, Side Pleat  Practical Practical Exam

Name and Signature of Teacher

Name and Signature of HoD

Separtment of Home Science Vivolenced College, Kolhapu



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### शिक्षणमहर्षी डॉ.बापूजी साळुंखे

# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS)

#### **Annual Teaching Plan**

Academic Year: 21-22 Semester:...IV... Department: of Home Science

Subject Home Science: Course VI

Course Title:- Development in Prenatel Period to Early Childhood

Name of the teacher: ... U.S.Khot

MonthJanuary			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module 1: Introduction to	1.1 Meaning, Definition and
1	1 -	2	Human Development	Scope of Human Development
Month February			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module 1: Introduction to	1.2 Definition of Growth and Development, Stages of
8	4	12	Human Development	development 1.3 Dimensions and Principles of development 1.4 Factors affecting growth and development Practical
Month N	Aarch		Module/Unit:	Sub-units planned
8	4	12	Module2Prenatal Development	.1 Male and Female reproductive system 2.2 Menstrual cycle, Conception, Stages of prenatal development 2.3 Signs of pregnancy 2.4 Care during pregnancy 3.1 Characteristics of new born and Reflexes 3.2 Adjustment of neonate and Care of neonate 3.3 Infant development milestones Practical

Month Api	il		Module/Unit:	Sub-units planned
8	4	12	Module 3: Neonate and Infant Development Module 4: Early Childhood Development	3.1 Characteristics of new born and Reflexes 3.2 Adjustment of neonate and Care of neonate 3.3 Infant development milestones 3.4 Language development 4.1 Physical Development-Height, Weight, Body proportions, teeth and Bone Development Practical
Month May			Module/Unit	Sub-units planned
			Module 4: Early Childhood Development	4.2 Motor Development- Factors affecting motor development, gross and finer motor Skills, handedness 4.3 Cognitive Development- Mental processes: Perception, Thinking, reasoning, Memory, Imagination, Curiosity, Concept Formation 4.4 Emotional Development Definition and Characteristics, Emotion in Childhood- Love and Affection, Fear, Anger, Temper tantrums Practical Exam.

Name and Signature of Teacher

Name and Signature of HoD

Reed of the Department of Home Science



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### Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS)

**Annual Teaching Plan** 

Academic Year: 2022-23.

B.A.III Semester:...VI... Department: Home Science.

Subject: Home Science Course XII Course Title: Therapeutic Nutrition

Name of the teacher: Mrs U. S. Khot.

Month August			Module/Unit:	Sub-units planned	
Lectures	Practicals	Total	Module 1. Introduction	1.1 Meaning and Objectives of Therapeutic Nutrition	
4		4	to Therapeutic Nutrition		
Month September			Module/Unit:	Sub-units planned	
Lectures	Practicals	Total	Module 1. Introduction	1.2 Role of Dietician in Nutrition Care Process	
4		4	to Therapeutic Nutrition		
Month Oct			Module/Unit:	Sub-units planned	
Lectures 4	Practicals	4	Module 1. Introduction to Therapeutic Nutrition	1.3 Therapeutic adaptations of the normal diet a. Progressive diets—clear fluid, full fluid, soft and regular b. Method of Feeding-tube, pareneteral	
Month Nov	vember		Module/Unit:	Sub-units planned	
Lectures 4	Practical	4	Module 1. Introduction to Therapeutic Nutrition	c. Modification of diet according nutrient requirement	
Month Dec:	ember		Module/Unit	Sub-units planned	
8				Practical exam	

Name and Signature of Teacher

Name and Signature of HoD

Beed of the Separtment of Home Science Vivekanand Collage Kolhanus



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# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE, KOLHAPUR(AUTONOMOUS) Annual Teaching Plan

Academic Year: 2022 - 2023

B.A.III Semester: VI

Department: Home Science

Subject: Home Science

Course Title: XIII Traditional Indian Textiles and

Embroideries.

Name of the teacher: Ms. U.S.Khot

Month - Jan 2023			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module - 2	History, Technique, Designs
4		4	Traditional Textiles of Banaras and West Bangal.	and Colours.  1.Brocades of Banaras
Month - Feb. 2023			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module - 2	History, Technique, Designs
4		4	Traditional Textiles of Banaras and West Bangal.	and Colours.  1.Brocades of Banaras
Month - March 202	23		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module - 2	2.Balucheri and Jamdani of
4		4	Traditional Textiles of Banaras and West Bangal.	West Bengal.
Month - April 2023	3		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module - 2 Traditional Textiles of	2.Balucheri and Jamdani of West Bengal.
4		4	Banaras and West Bangal	

Name and Signature of Teacher

Name and Signature of HoD

Mead of the Department of Home Science Vivezanand College. Kolhapu)

Academic Year: 2022 - 23 Semester: V Department: Home Science Subject: Home Science Course Title: VII –Nutrition for the Family

Name of the teacher: Mrs. Sai Satish Patil

Month - Aug.			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 2	JRDA, nutritional guidelines, nutritional
5	4	9	Nutrition in Adult	importance and healthy food choice for Adult Practical
Month Se	ep.		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 2	RDA, nutritional guidelines nutritional importance and
13	12	25	Nutrition in Adult	healthy food choice for Adult RDA, nutritional guidelines, nutritional importance and healthy food choice for Eldery
Month -	Oct		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 3	Physiological changes, RDA, nutritional guidelines,
10	8	18	Nutrition during pregnancy and lactation	nutritional importance and healthy food choice for pregnant women Physiological changes, RDA, nutritional guidelines nutritional importance and healthy food choice for Lactating mother Practical
Month N	OV		Module/Unit:	Sub-units planned
Lectures	Practical s	Total	Module no 4	RDA, nutritional guidelines, nutritional
10	12	22	Nutrition during Infancy to Adolescent	importance and healthy food choice for infant, preschool children, school children, adolescent Practical Practical Exam
Month Dec			Module/Unit:	Sub-units planned
2		2		Revision Sem V Exam

Lairatil

Name and Signature of Teacher

Ms. Sais. Pati)

Name and Signature of HOD

Department of Home Science Vivokenend College, Kothapus

Academic Year: 2022 -23

Semester: V Department: Home Science

Subject: Home Science Course Title: X Space Planning and Design

Name of the teacher: Mrs. Sai Satish Patil

Month - Aug.			Module/Unit:	Sub-units planned
Lecture	Practical s	Total 4	Module no 2 Space Planning	Practical no 1 *Symbols used in house plan
Month Se	en.		Module/Unit:	Cub voite aloned
Lecture s	Practical S	Total	Module no 2 Space Planning	Sub-units planned Practical no 2 *Draw a ground floor plan
	16	16		for Low-income group Practical no 3 *Draw a ground floor plan for Middle-income group
Month - (	Oct.		Module/Unit:	Sub-units planned
Lectures	Practical s	Total	Module no 4 Room by Room space planning	Practical no 4
	16	16		*Draw a ground floor plan for High -income group Practical no 4 *Space planning of kitchen room
Month No	OV.		Module/Unit:	Sub-units planned
Lectures	Practicals	s Total	Woddie Offic.	*Space planning of
	16 16			drawing bedroom Practical no 5 *Vist to Furniture mall Or Residential space Practical exam
	9			
Month Dec			Module/Unit:	Sub-units planned
				Sem V Exam

Name and Signature of Teacher

Ms sai S. PaH)

Name and Signature of HOD

Mead of the Department of Home Science Vivekenand College, Kolhapu

Academic Year: 2022 -23

Semester: V Department: Home Science

Subject: Home Science Course Title: XI Research Methodology in Home Science

Name of the teacher: Mrs. Sai Satish Patil

Month - Aug.			Module/Unit:	Sub-units planned
Lectures 8	Practicals	Total 8	Module no 1 Introduction to Research	*Concept of Research *Need and Importance of Research Types of Research *Steps of research
Month Se		3-13	Module/Unit:	Sub-units planned
Lectures	Practical s	Total	Module no 2	*Concept and Types of data *Method of data collection *Sampling techniques
16		16	Research Methodology	Sampling teeliniques
Month - C	Oct.		Module/Unit:	Sub-units planned
Lectures	Practical s	Total	Module no 3	*Interpretation of data
12		12	Research in Home Science	*Scope of home science education in research *Facilities required for conducting research
Month No	OV.		Module/Unit:	Sub-units planned
Lectures	Practical s	Total	Module no 3	*Use of reference material *Report Writing
20		20	Module no 4 Thurst areas of research in home science	*Food & Nutrition *Family Resource Management *Human Development &Family Studies *Textile Science *Communication and Extension
Month Dec.			Module/Unit:	Sub-units planned
Lectures	Practicals	Total		Revision
2		2	Sem. V Exam	

Name and signature of Teacher

Ms. Sai S. Pati)

Name and signature of HOD

Department of Home Science
Vivokanand College, Kolhapus

Academic Year: 2022 - 23 Semester: VI Department: Home Science

Subject: Home Science Course Title: XII – Therapeutic Nutrition

Name of the teacher: Mrs. Sai Satish Patil

Month - Jan .			Module/Unit:	Sub-units planned
Lectures 10	Practicals  16	Total 26	Module no 2  Nutritional management of Infection and Fever	Etiology, clinical,types and nutritional management of Typhoid  Etiology, clinical,types and nutritional management of Tuberculosis  Practical
Month Fe	eb.		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 2	Etiology, clinical,types and
8	16	24	Nutritional management of Infection and Fever	nutritional management of HIV
			Module no 3  Nutritional management of G I Tract Disorder	Etiology, clinical,types and nutritional management of Diarrhoea
				Practical
Month			Module/Unit:	Sub-units planned

Academic Year: 2022 - 23 Semester: VI Department: Home Science

Subject: Home Science Course Title: XII – Therapeutic Nutrition

Name of the teacher: Mrs. Sai Satish Patil

Month - Jan .			Module/Unit:	Sub-units planned
Lectures 10	Practicals  16	Total 26	Module no 2  Nutritional management of Infection and Fever	Etiology, clinical,types and nutritional management of Typhoid  Etiology, clinical,types and nutritional management of Tuberculosis  Practical
Month F	eb. Practicals	Total	Module/Unit: Module no 2	Sub-units planned  Etiology, clinical, types and
8	16	24	Nutritional management of Infection and Fever	nutritional management of HIV
	9		Module no 3  Nutritional management of G I  Tract Disorder	Etiology, clinical,types and nutritional management of Diarrhoea
				Practical
Month			Module/Unit:	Sub-units planned

Month -	March		Module/Unit:	Sub-units planned
Lectures 7	Practicals 20	Total 27	Module no 3  Nutritional management of G I Tract Disorder	Etiology, clinical,types and nutritional management of Constipation  Etiology, clinical,types and nutritional management of Infective Hepatitis  Practical
Month A	pril		Module/Unit:	Sub-units planned
Lectures 7	Practicals 8	Total	Module no 4  Nutritional management in following conduction	Etiology, clinical,types and nutritional management of Overweight and Obesity  Practical
Month Ma	ay		Module/Unit:	Sub-units planned
9	12	21	Module no 4  Nutritional management in following conduction	Etiology, clinical,types and nutritional management of Underwight  Eating disorder - Anorexia, Nervosa and Bulimia  Practical Exam
Month Ju	ne		Module/Unit:	Sub-units planned
4	8	12		Revision Sem VI Exam

Name and Signature of Teacher

Ms. Sai S. PaH)

Name and Signature of HOD

need of the Science Vivokanand College, Kelhapur



Academic Year: 2022 - 23 Semester: VI Department: Home Science

Subject: Home Science Course Title: XIV Introduction to Guidance and Counselling

Name of the teacher: Mrs. Sai Satish Patil

Month - Jan .			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 1	Definition and importance
17	200	17	Introduction to Guidance and Counselling	of Guidance and Counselling, difference between guidance and counselling
		-		Goals of counselling Professional and Ethical Issues Characteristics and skills of a counseller
Month F	eb.		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 2	Preparation of Counselling
16	1	16	Counselling Process and techniques	Counselling relationship
	119		* *	Techniques of counselling
	- N			Factors affecting the counselling process
	127			
Month			Module/Unit:	Sub-units planned

Month - March			Module/Unit:	Sub-units planned
Lectures 15	Practicals	Total	Module no 3  Educational Counselling	Counselling the Elementary school child  Counselling High school child
				Counselling college studen  Role of teacher in counselling
Month A	pril		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 4	Family Counselling
14		14	Counselling Application	Pre- martial and Marital Counselling
				Preparation of resource file
Month Ma	ay		Module/Unit:	Sub-units planned
18		18	Module no 4	Career Counselling Counselling for spacial
7 1 2 1991 8 2			Counselling Application	children's  Preparation of resource file
				Vist to counselling center
Month Ju	ne		Module/Unit:	Sub-units planned
8		8		Revision Sem VI Exam

Name and Signature of Teacher

Ms. Sai S. Pati)

Name and Signature of HOD Road of the Separtment of Home Science Vivakanand College, Keihapur

Academic Year: 2022 - 23 Semester: VI Department: Home Science

Subject: Home Science Course Title: XV - Entrepreneurship Development

Name of the teacher: Mrs. Sai Satish Patil

Month	Jan.		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 3	Concept and Function of Women Entrepreneurship
8	2	10	Women Entrepreneurship	4 552
3	*			Qualites of Women Entrepreneurship
				Practical
	17 ×			
Month Fe	eb.		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 3	Problems and Remedies
7	2	9	Women Entrepreneurship	Women Entrepreneurship
			9	Recent Trends in Women Entrepreneurship
ñ	T.			Practical
x II II				
" "	11			0 9
=	3			
Month			Module/Unit:	Sub-units planned

Month - March			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module no 4	Scope of Home Science
9	2	11	Entrepreneurship Through Home Science Education	Education for Entrepreneurship Micro Small and Medium Enterprises - definition importance
Month A	pril		Module/Unit:	Sub-units planned
Lectures	Practicals	Total		One Week Training in
6	2	8		The state of the s
				Interview of Successful Women Enterprises
Month M	ay		Module/Unit:	Sub-units planned
7	2	9	Module no 4	Micro Small and Medium Enterprises - Problems
			Entrepreneurship Through Home Science Education	Policies and Schwmes for Micro Small and Medium Enterprises
1				
Month June			Module/Unit:	Sub-units planned
3		3		Revision Sem VI Exam

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Name and Signature of Teacher

Ms. Sai S. Pati)

Name and Signature of HOD

Boad of the

Department of Home Science Vivekenend College. Koihapuv



Academic Year: 2022 - 2023

Semester: V

Department: Home Science

Subject: Home Science

Course Title: VIII Fundamentals of Textile Science and

Apparel Construction-II

Name of the teacher: Ms. Kiran Vitthal Katare

Month : September			Module/Unit:	Sub - units planned
Lectures	Practicals	Total	- Module-1	1. C C.T'l
12	16	28	Introduction to . Textile Printing and Painting	1.Concept of Txtile printing and painting 2.Styles of printing 3.Methods of Patintings 4.Fabric Painting Practical-
Month : October			Module/Unit:	Sub - units planned
Lectures	Practicals	Total	36 1 1 2	
10	14	24	Module - 2 Principles and Elements of design in Apparel Construction	1.Principles of design 2.Elements of design Practical-
Month: November			Module/Unit:	Sub - units planned
Lectures	Practicals	Total	Module-4	1.Necklines
11	14	25	Elements of Apparel Construction	2.Yokes 3.Sleeves 4.Collars 5.Fastener's Practical- Practical Exam
Month: December	84.1	18	Module/Unit:	Sub - units planned
Lectures	Practicals	Total		Revision
2		2		V - Sem Exam

(b) Korvas -.

Name and Signature of Teacher

Ms. Kiran Vitthal Katare

Name and Signature of HoD Ms. U. S. Khot

Jepartment of Home Science Jivekanand College, Kolhapu



Academic Year: 2022 - 2023

Semester: V

Department: Home Science

Subject: Home Science

Course Title: IX Life Span Devlopment

Name of the teacher: Ms. Kiran Vitthal Katare

Month : September			Module/Unit:	Sub - units planned
Lectures	Practicals	Total	Module-1 Late Childhood (6to12	1. Characterstics of late childhood
16		16	years) Physical, Motor & Emotional Devlopment.	2. Pysical Devlopment 3. Motor Devlopment 4. Emotional Devlopment
			Module-2 Late Childhood - Cognitive, Social and Moral devlopment.	<ol> <li>Cognitive devlopment</li> <li>Preparation of Scrap Book on Late Childhood.</li> </ol>
Month : October			Module/Unit:	Sub - units planned
Lectures	Practicals	Total	Module-2 Late Childhood -	<ul><li>2. Social Devlopment</li><li>3. Moral Devlopment</li><li>1. Meaning, Definition</li></ul>
10		10	Cognitive, Social and Moral devlopment.  Module-3 Adolescence (12 to 20 years) Physical Growth, Effects and Problem.	and characteristics of Adolescence 2. Physical Growth 3. Effect of Puberty - Preparation of Scrap Book on Late Adolescence.
Month: November			Module/Unit:	Sub - units planned
Lectures	Practicals	Total	Module-3 Adolescence (12 to 20	4. Adolescent problem. 1. Friendships
18		18	years) Physical Growth, Effects and Problem.  Module-4 Adolescence - Socialization	2. Relationship with family 3. Relationship with peers 4. Gender equality Case Study-Late Childhood/Adolescence Practical Exam
Month : December			Module/Unit:	Sub - units planned
Lectures	Practicals	Total		Revision
2		2		V - Sem Exam

Name and Signature of Teacher

Ms. Kiran Vitthal Katare

Name and Signature of HoD

Ms. U.S. Khot

LENAND COLLEGE

Department of Home Science
Vivokanand College, Kolhapu

Academic Year: 2022 - 2023

Semester: V

Department: Home Science

Subject: Home Science Course Title: X Space Planning and Design

Name of the teacher: Ms. Kiran Vitthal Katare

Month : September			Module/Unit:	Sub - units planned
Lectures	Practicals	Total	Module - 1	1. Concept of House & Adequacy of Space.
15		15	Basic Concept in Space Planning and Design.  Module - 2	<ol> <li>Characteristics &amp;         Principles of Space         Planning.     </li> <li>Importance of         Housing.     </li> <li>Factors Affecting of         Housing Needs of the         Family.     </li> <li>Factors in House</li> <li>Planning - Site Selection.</li> </ol>
10. 10. 1			Space Planning.	2. Types of Houses.
Month : October		PAL	Module/Unit:	Sub - units planned
Lectures	Practicals	Total		3. Symbols Used in House
9		9	Module - 2 Space Planning.  Module - 3 Housing and Interior Environment.	Plan. 4. Types of House Plans. 1. Features of Housing 2. Plumbing 3. Drainage facility
Month : November			Module/Unit:	Sub - units planned
Lectures	Practicals	Total	Module - 4	1. Concet & importance of
12		12	Room by Room space planning.	Room by Room space planning 2. Kitchen 3. Drawing room 4. Bed room. 5.Other area: Balcony and passage. Practical Exam
Month : December			Module/Unit:	Sub - units planned
Lectures	Practicals	Total		Revision
2		2		V - Sem Exam

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Name and Signature of Teacher

Ms. Kiran Vitthal Katare

Name and Signature of HoD

Ms. U. S. Khot Head of the Jepartment of Home Science

✓ ivekanand College, Kolhapu

### ज्ञान विज्ञान आणि सुसंस्कार यांसाठी शिक्षणप्रसार शिक्षणमहर्षी डॉ. बापूजी साळुंखे

# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE (AUTONOMOUS), KOLHAPUR

## **Annual Teaching Plan**

Academic Year: 2022 - 2023

Semester: VI

Department: Home Science

Subject: Home Science

Course Title: XIII Traditional Indian Textiles and

Embroideries.

Name of the teacher: Ms. Kiran Vitthal Katare

Month - Jan 202	23		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module - 1 Traditional	History, Technique, Designs and Colours.
16	10	26	Textiles of Maharashtra and Gujrat.	1.Paithani of Maharashtra 2.Patola of Gujrat. Practical-
Month - Feb. 20	23		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module - 3	1.Material required for Indian Hand Embroidery
15	8	23		2.Design and colour combination used in Hand Embroidery Practical-
Month - March	2023		Module/Unit:	Sub-units planned
Lectures	Practicals	Total		
16	7	23		3.Basic Hand Embroidery Stitches.
Month - April 20	023		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module - 4 Traditional Indian Hand	History, Motiffs, Colour Combinations, Types of Threads and Stitches used in-
15	7	22	Embroideries.	1.Kantha of West Bengal. 2.Kasuti of Karnataka Practical-

Month - May 2023			Module/Unit:	Sub-units planned
Lectures	Practicals	Total		3.Chikankari of Utter Pradesh
12		12		4.KaShida of Kashmir Practical-
				Practical Exam
Month - June 2023	3		Module/Unit:	Sub-units planned
Lectures	Practicals	Total		Revision VI – Sem Exam
2		2	2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	

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Name and Signature of Teacher Ms. Kiran Vitthal Katare Name and Signature of HoD Dr. Ms. U. S. Khot

Department of Home Science Vivekenand College. Kolhapus

# ज्ञान विज्ञान आणि सुसंस्कार यांसाठी शिक्षणप्रसार

# शिक्षणमहर्षी डॉ. बापूजी साळुंखे

# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE (AUTONOMOUS), KOLHAPUR

## **Annual Teaching Plan**

Academic Year: 2022 - 2023

Semester: VI

Department: Home Science

Subject: Home Science

Course Title: XV Entrepreneurship Development.

Name of the teacher: Ms. Kiran Vitthal Katare

Month - Jan 2023			Module/Unit:	Sub - units planned
Lectures	Practicals	Total	Module-1	1.Meaning and
8		8	Entrepreneur	Definition Entrepreneur 2.Qualities of Successfu Entrepreneur
				3. Types Entrepreneur 4. Obstacles to Become an Entrepreneur 5. Challenges Before existing Entrepreneur
Month - Feb.	2023		Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module-2	Entrepreneurship
8		8	Entrepreneurship Development	Devlopment 1.Concept, Definition and Importance 2.Concept, Objective and Scope 3.Process 4.Problems
Month - March. 2023		Module/Unit:	Sub-units planned	
Lectures	Practicals	Total	Module - 3 Women entrepreneurship	3.1concept and function women entrepreneurship 3.2Qualities of women
8	20	8		entrepreneurship 3.3 problem and remedies for women entrepreneurship.

Month - April 2023		Module/Unit:	Sub-units planned	
Lectures	Practicals	Total	Module - 4 Entrepreneurshipthrou	3.4 Recent trend in entrepreneurship  4.1 of home science education Entrepreneurship
7	8	7	gh home science education	
Month - may	2023		Module/Unit:	Sub-units planned
Lectures	Practicals	Total		4.2 micro small medium enterprise, definition important problems
8		8		Practical Exam
Month - June 2023		Module/Unit:	Sub-units planned	
Lectures	Practicals	Total		Revision VI - Sem Exam
2		2		VI Sell Exam
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Name and Signature of Teacher Ms. Kiran Vitthal Katare Name and Signature of HoD
Dr. Ms. U. S. Khot





# ज्ञान विज्ञान आणि सुसंस्कार यांसाठी शिक्षणप्रसार

शिक्षणमहर्षी डॉ. बापूजी साळुंखे

# Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's VIVEKANAND COLLEGE (AUTONOMOUS), KOLHAPUR

## **Annual Teaching Plan**

Academic Year: 2022 - 2023

Semester: VI

Department:

Home Science

Subject: Home Science Course Title: XVI - Extention for Development.

Name of the teacher: Ms. Kiran Vitthal Katare

Month - Jan 2023			Module/Unit:	Sub - units planned	
Lectures	Practicals	Total	Module-1 education and communication	1.1:-teaching- definition and principles 1.2:-learning- definition and principle 1.3:-education- definition meaning and types Preparation of Chart/Poster	
16		16			
Month - Februa	ary 2023		Module/Unit:	Sub - units planned	
Lectures	Practicals	Total	Module-2 Extension education	2.1 introduction definition and objective 2.2 principle of extension education 2.3 extension education process 2.4 extension workers definition and qualities Preparation of Flash Card/Folder	
15		15			
Month - March	2023		Module/Unit:	Sub - units planned	
Lectures	Practicals	Total	Model 3 extension	3.1 definition and classification of extension teaching method.	
16		16	teaching method	3.2 Individual contract method farm and home visit, telephone call personal letter 3.3 Group contract method, general meetings lecture demonstration workshop seminar conference symposium	

Month - April 2023			Module/Unit:	Sub - units planned	
Lectures 15	Practicals	Total	Model - 4 means of communication extension in education	3.4 mass contact methods radio TV puppet shows film shows drama and street play Preparation of Booklet/Model  4.1:-communication definition process types 4.2:-audio visual AIDS meaning and classification.	
Month – May 2023		Module/Unit:	Sub - units planned		
Lectures 14	Practicals	Total 14		4.3:-non projected aids poster graphs chat flashcard exhibition, models 4.4:-projected aids LCD 4.5 means of advance communication ICT and social networking  Practical Exam	
Month – June 2023		Module/Unit:	Sub - units planned		
Lectures 2	Practicals	Total 2		Revision VI - Sem Exam	

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Name and Signature of Teacher
Ms. Kiran Vitthal Katare

Name and Signature of HoD

Dr. Ms. U. S. Khot

Head of the Department of Home Science Vivokanand College, Kolhapu

