

ज्ञान, विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार

शिक्षणमहर्षी डॉ. बापूजी साळुंखे

Shri Swami Vivekanand Shikshan Sanstha's Kolhapur

VIVEKANAND COLLEGE, KOLHAPUR

(AN EMPOWERED AUTONOMOUS INSTITUTE)

Annual Teaching Plan

Academic Year: 2025-26.

B.A.I Semester: I... Department: Home Science.

Subject: Home Science Course I


Course Title: **Fundamentals of Food Science and Nutrition**

Name of the teacher: Dr. U. S. Khot.

Month June.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 <u>Understanding</u> <u>food and</u> <u>Nutrition</u>	1 Basic terms used in study of food and nutrition 2 Understanding relationship between food, nutrition and health 3 Functions of food Practical
6	2*3(6)	12		
Month July.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-2 Food Groups	Module-2 1 Basic five food groups 2 Selection and nutritional contribution and changes during cooking of the following food groups: Cereals, Pulses, Fruits and vegetables, Milk & milk products Eggs ,Meat, poultry and fish Fats and Oils Practical
12	4*3(12)	24		
Month August			Module/Unit:	Sub-units planned
Lectures 13	Practical's 5*3(15)	28	Module3 Methods of cooking with advantages disadvantage	1Objective of cooking 2Moist heat: Boiling, Steaming, Pressure cooking 3 Dry heat:Roasting,Baking 4Frying:Deep and Shallow frying 5 Resent trends Microwave cooking Practical
Month September			Module/Unit:	Sub-units planned

Lectures 11	Practical's 4*3(12)	23	Module-4 Nutrients:	Functions, dietary sources and clinical manifestations of deficiency/ excess of the following nutrients: 1 Carbohydrates, lipids and proteins 2 Fat soluble vitamins-A, D, E and K 3 Water soluble vitamins – thiamine, riboflavin, niacin and vitamin C 4 Minerals – calcium, iron, iodine and zinc Practical
Month October:			Module/Unit	Sub-units planned
Lectures 4	Practical 1*3(3)			Oral exam


 Dr. V. S. Khot
 Name and Signature of Teacher


 Name and Signature of HoD
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Academic Year: 2025-26 B.A.II Semester :III... Department: Home Science.

Subject: Home Science Major Course III Course Title: **Fundamentals of Interior Design**
Name of the teacher: Dr. U. S. Khot

Month June			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1: Fundamentals of Design	1.1 Elements of Arts 1.2 Principles of Design 1.3 Application of elements and principles of design in Interior decoration Practical
5	1	6		
Month July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no. 2 Colours	2.1 Colour- Definition and Importance 2.2 Dimensions of colour 2.3 Classification of colour 2.4 Effects of colour and colour schemes on Interior Decoration Practical
14	4	18		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 3 - Furniture arrangement	3.1 Importance of furniture, 3.2 Types of furniture and material used for furniture 3.3 Selection of furniture, furniture arrangement in different rooms 3.4 Care and maintenance of furniture Practical
11	4	15		
Month September			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 4: Flower arrangement and Flower Decoration	4.1 Importance of flower arrangement and flower decoration 4.2 Material used for flower arrangement and flower decoration 4.3 Types of Flower Arrangement and Flower Decoration Practical
14	5	19		
Month October			Module/Unit	Sub-units planned
Lectures	Practical's	Total		Oral exam
6	2	8		

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U.S. Khot

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Academic Year: 2025-26 B.A.II Semester: ...III... Department: Home Science.


Subject: Home Science Major Course IV

Course Title: **Introduction to Food Preservation and Food Safety**

Name of the teacher: Dr. U. S. Khot

Month June			Module/Unit:	Sub-units planned
Lectures	practical's	Total	Module 1: Introduction to Food Preservation	1.1 Definition and concept of Food Preservation 1.2 Objectives of Food Preservation 1.3 Scope of Food Preservation Industry in India Practical
6	2	8		
Month July			Module/Unit:	Sub-units planned
Lectures	practical's	Total	Module 2: Principles of Food Preservation	2.1 Principles of Food Preservation 2.2 Common terms used in Food Preservation 2.3 Factors affecting growth of micro- organisms Practical
14	4	18		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 3: Methods of Food Preservation	3.1 Preservation by High Temperature 3.2 Preservation by Low Temperature 3.3 Preservation by Drying 3.4 Preservation by Preservatives 3.5 Preservation by Irradiation 3.6 New Methods of Preservation Practical
12	4	16		
Month September			Module/Unit:	Sub-units planned
Lectures	practical's	Total	Module 4: Food Safety	4.1 Key terms, Factors affecting Food Safety 4.2 Food laws, Standards and Regulations 4.3 Food Additives and Contaminants 4.4 Hygiene and Sanitation 4.5 HACCAP Practical
14	3	17		
Month October:			Module/Unit	Sub-units planned
Lectures	practical's			Oral exam
4	2			


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Academic Year: 2025-26 B.A.II Semester: ...III... Department: Home Science.

Subject: Home Science Minor Course I Course Title: **HOME MANAGEMENT**

Name of the teacher: Dr. U. S. Khot

Month June			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1 Work Simplification	Module 1 1.1 Definition and importance and Principles of Work Simplification . Practical
6	1	7		
Month July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1: Work Simplification Module 2 Home Decoration	1.2 Mundel's classes of change. 1.3 Techniques of work simplification. 1.4 Application of Mundel's classes of change in household activities. 2.1 Introduction to Elements of Arts Practical
12	5	17		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 2 Home Decoration Module 3 Household Accessories	2.2 Introduction to Principle of Design 3.1 Meaning, Definition and Importance 3.2 Classification of Accessories. 3.3 Some Important Accessories. Practical
14	4	16		
Month September			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 3 Household Accessories Module 4 Floor Decoration	3.4 Guidelines in Selection and Placement of Accessories. 4.1 Introduction 4.2 Importance of Rangoli Decoration 4.3 Materials Used 4.4 Types of Rangoli Practical
11	4	15		
Month October			Module/Unit	Sub-units planned
Lectures	Practical's	Total		Oral exam
5	3	8		

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Annual Teaching Plan

Academic Year : 2025-2026

Semester : I

Department: Home Science

Class: B.A.I

Course Title : IKS – Indian Traditional Cuisine

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1 Indian Cuisine	*Introduction to subject * History of Indian Traditional cuisine *Indian food culture
8	-	8		
Month – Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1 Indian Cuisine	*Indian spices / masale
7	-	7	Module 2 State traditional cuisine	* Indian traditional sweets *Maharashtrian cuisine
Month –Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 2 State traditional cuisine	*Rajsthani cuisine *Karnataka cuisine *Panjabi cuisine
8	-	8		
Month – Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Sem. I - Exam	*Madhya Pradesh cuisine *Revision
5	-	5		
Month - Nov. 2025			Module/Unit:	Sub-units planned Sem. I Exam.

Sai Patil

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Academic Year : 2024-2025
Class: B.A.II (Major)

Semester : III
Course Title : SEC I - Beverages

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1	*Definition and importance of beverages *Function of beverages * Classification of beverages A)Non-alcoholic beverages
09	-	09		
Month – Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1	B) Alcoholic beverages C) Soups D) Other beverages
08	-	08		
Month –Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 2	* Common equipment used in beverages preparation *Effect of beverages on human body
08	-	08		
Month – Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Sem. III - Exam	*Revision
03	-	03		
Month – Nov- 2025			Module/Unit:	Sub-units planned Sem. III Exam.

Sai Patil
Name and Signature of Teacher
Ms. Sai S. Patil

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Academic Year : 2025-2026

Semester : V

Department: Home Science

Class : B.A. III (Major)

Course Title : VII Meal Management

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Principal of Meal Planning	*concept of balanced diet *importance of balanced diet * concept and use of exchange list *concept and importance of DRI *concept and importance RDA * dietary guidelines for Indians * food pyramid *factors affecting meal planning Practical-
14	10	24		
Month – Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 2 Nutrition in Adulthood & Elderly	*RDA and nutritional guidelines and importance for adult * physiological change for Elderly *RDA and nutritional guidelines and importance for Elderly *practical – diet plan for Elderly person * physiological change RDA and nutritional guidelines and importance for pregnancy Practical-
11	08	19		
Month –Sept.			Module - 3 Nutrition during pregnancy and Lactation	
Lectures	Practical's	Total	Module - 3 Nutrition during pregnancy and Lactation Module - 4 -Nutrition during Infancy to Adolescent	* physiological change RDA and nutritional guidelines and importance for Lactation * Growth & development , RDA and nutritional guidelines and importance and healthy choice for Infant * Growth & development , RDA and nutritional guidelines and importance and healthy choice for Preschool children * Growth & development , RDA
12	08	20		

				and nutritional guidelines and importance and healthy choice for School children Practical -
Month – Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module - 4 Nutrition during Infancy to Adolescent	* Growth & development , RDA and nutritional guidelines and importance and healthy choice for Adolescent Practical Revision
7	4	11		
Month – Nov. 2025			Module/Unit:	Sub-units planned Sem –V Exam

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Name and Signature of Teacher

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Academic Year : 2025 - 2026

Semester : V

Department: Home Science

Class: B.A.III (Major)

Course Title : IX Space Planning and Design

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 2 Space Planning	*Symbols used in house plan *Draw a ground floor plan for Low-income group
	10	10		
Month - Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 2 Space Planning	*Draw a ground floor plan for Middle-income group
	06	06		
Month -Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 4 Room by Room space planning	*Draw a ground floor plan for High -income group *Space planning of kitchen and drawing room/bedroom
	08	08		
Month - Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module no 4 Room by Room space planning	* Visit to Furniture mall Or Residential space
	02	02		
Month - Nov. 2025			Module/Unit:	Sub-units planned Sem. -V Exam

SaiPatil
Name and Signature of Teacher

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Annual Teaching Plan

Academic Year : 2025-2026

Semester : V

Department: Home Science

Class : B.A. III (Minor)

Course Title : MIN V – Dynamic of Marriage and Family

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module – 1 Marriage	* Definition and function marriage * Characteristics of marriage * Types of marriage * Readiness for marriage and factors to be considered for mate selection
16	-	16		
Month – Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 2 Family	* Definition and function of family * Types of family * Changing forms of family * Role of husband and wife
13	-	13		
Month –Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module – 3 Adjustment in marriage and family	* Adjustment in marriage and family- * Parenthood – concept , task, skills * Family planning – need, method * Family crisis
14	-	14		
Month – Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module – 4 Laws related to marriage and family	* Hindu marriage act , Special marriage act, Family violence act * Surrogacy * Problems of adult single women Revision
8	-	8		
Month – Nov. 2025			Module/Unit:	Sub-units planned Sem. –V Exam

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Annual Teaching Plan
Department of Home Science
Academic Year - 2025 - 26 Semester - V Course VIII
Course Title - Fundamentals of Textile Science and Apparel
Construction -II

Name of the teacher: Ms..Yogita S. Patil

Month ...June 2025.....			Module / Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Introduction to Textile Printing and Painting	.1 Concept of Txtile 2printing and paint 3.Methods of Patintings. 4 Fabric Painting. Practical
06	06	12		
Month July 2025				
Lectures	Practical's	Total	Module-2 Principles and of design in Elements Construction Apparel	1 Principles of design. .2 Elements of design. Practical
14	08	22		
Month Aug 2025.....				
Lectures	Practical's	Total	Module-3 Basics of Croqui	1. Concept and Principle 2. Croqui Ten head 3 Hand and Leg moments. 4Types of Figures. Practical
12	08	20		
Month Sept. 2025				
Lectures	Practical's	Total	Module-4 Elements of Apparel Construction	1.Necklines 2.Yokes 3.Sleeves 4.Collars Practical –
13	10	23		

Month ...Oct. 2025.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-4 Elements of Apparel Construction	5.Fastener's
06	04	10		Practical –Exam Revision V – Sem Exam


 MS. YOGITA S. PATIL
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Department of Home Science

Academic Year: 2025 - 26 Semester: V Course - IX

Course Title: Space Planning and Design

Name of the teacher: Ms. Yogita S. Patil

Month ...June 2025.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Basic Concept in Space Planning and Design	1. Concept of House & Adequacy of Space . 2. Characteristics & Principles of Space Planning
06		06		
Month July 2025				
Lectures	Practical's	Total	Module-1 Basic Concept in Space Planning and Design	3. Importance of Housing 4. Factors Affecting of Housing Needs of the Family
14		14		
			Module-2 Space Planning	1. Factors in House Planning 2. Types of House 3. Symbols Used in House Plan 4. Types of House Plan
Month Aug. 2025				
Lectures	Practical's	Total	Module-3 Housing and Interior Environment	1. Features of Housing 2. Room by room Planning 3. Plumbing 4. Drainage facility
12		12		
Month Sept. 2025				
Lectures	Practical's	Total	Module-4 Landscaping	1. Definition Concept and Importance 2. Plants used in Landscaping 3. Material / Objects/Articles /used in Landscaping
12		12		

Month ...Oct. 2025.....				
Lectures	Practical's	Total	Module-4 Landscaping	4.Kitchen Gardening Concept Importance and Guidelines
05		05		Revision V -Sem Exam

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Department of Home Science

Academic Year: 2025 - 26 Semester V DSE - I

Course Title: Human Development (Late Childhood and Adolescence)

Name of the teacher: Ms..Yogita S. Patil

Month ...June 2025.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Late Childhood(6to12 years)Physical, Motor Development, Emotional Development	1 Characteristics of late childhood 2 Physical Development.
08		08		Preparation of Scrap Book on Late Childhood or Adolescence
Month July 2025.....				
Lectures	Practical's	Total	Module-1 Late Childhood(6to12 years)Physical, Motor Development, Emotional Development	3 Motor Development 4 Emotional Development .
18		18		1 Cognitive development 2 Social Development . Preparation of Scrap Book on Late Childhood or Adolescence
Month Aug. 2025				
Lectures	Practical's	Total	Module-2 -Late Childhood Cognitive, Social and Moral development	3 Moral Development .
13		13		1 Meaning, Definition and characteristics of Adolescence 2 Physical Growth. Preparation of Scrap Book on Late Childhood or Adolescence

Month Sept. 2025				
Lecture s	Practical' s	Total	Module-3 Adolescence(12to20 ,years) Physical Growth Effects and Problems	3 Effect of.Puberty 4.Adolescent Problem
15		15	Module-4 Adolescence- Socialization	1 Friendship. 2Relationship with family. 3 Relationship with peers . Preparation of Scrap Book on Late Childhood or Adolescence
Month Oct. 2025				
Lecture s	Practical' s	Total	Module-4 Adolescence- Socialization	4 Gender equality.
08		08		Revision v- Sem Exam

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ms. Yogita S. Patil
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Annual Teaching Plan

Department of Home Science

B.A Part II Sem-III NEP 2020 VSC- III

Year 2025-26

Course Title: Home Decoration Accessories

Teacher Name: Yogita S. Patil

Month ...June 2025.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Accessories for Home Decoration	1) Concept and Importance
04		04		
Month July 2025				
Lectures	Practical's	Total	Module-1 Accessories for Home Decoration	2)Type of Accessories
09		09		
Month Aug. 2024				
Lectures	Practical's	Total	Module-2	1)Selection and Placement of accessories
09		09		2) Accessories use for Interior Decoration
Month sept. 2024				
Lectures	Practical's	Total	Module-2	2) Accessories use for Interior Decoration Revision
08		08		
Month Oct. 2024				
Lectures	Practical's	Total	Exam	Revision
04		04		

Y. Patil
Ms. Yogita S. Patil
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