

“Education for Knowledge, Science and Culture”

-Shikshanmaharshi Dr. Bapuji Salunkhe

Shri. Swami Vivekanand Shikshan Sanstha's  
**Vivekanand College, Kolhapur (Autonomous)**

**Department of Zoology**

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**GUEST LECTURE ON  
“THERAPEUTIC DIET”**

(20<sup>th</sup> March, 2022)



**Academic Year: 2021-2022**

“Education for Knowledge, Science and Culture”

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Shri Swami Vivekanand Shikshan Sanstha's  
**VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS)**  
DEPARTMENT OF ZOOLOGY  
Academic Year 2021-2022

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### Guest Lecture on Therapeutic Diet

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**Dr. G. K. Sontakke**  
Head,  
Department of Zoology  
Vivekanand College,  
Kolhapur (Autonomous)



“Education for Knowledge, Science and Culture”  
-Shikshanmaharshi Dr. Bapuji Salunkhe

**Vivekanand College, Kolhapur (Autonomous)**  
Internal Quality Assurance Cell  
2021-22



### Quality Initiatives/ Activities Report

1. **Name of Department:** Zoology
2. **Name of Organized Activity:** Guest lecture on Therapeutic diet
3. **Date/ Duration:** 20/03/2022 /10. 00 am to 11. 00 am
4. **Aims and Objectives:**
  1. To give information of therapeutic diet
  2. To give opportunities in dietician career
  3. To give knowledge regarding healthy diet and nutrition

**5. No. of beneficiaries:**

Sr. No.	Teachers		Students		Total
	Male	Female	Male	Female	
1	2	7	30	40	79

**6. Expenditure & funding agency:** Rs.1000/-, Vivekanand College, Kolhapur

**7. Brief description:** Guest Lecture

The Guest Lecture was organized on 23<sup>rd</sup> March 2022, to give knowledge about nutrition and therapeutic diet. The Guest speaker of this lecture was Ms. Deepti Parab, Clinical dietitian, nutrigenomics counsellor, sports nutritionist, diabetic educator and Diabetic recipe, Mumbai. The HOD Dr. G. K. Sontakke welcomed guest speaker. The introduction of guest was given by Dr. T. C. Patil, during this lecture speaker guided students about nutrition, importance of nutrition and nutrition of college students. She guided for preparation of diet plan according to status of patients and also inspired students regarding career as dietician with her experience as dietician. The vote of thanks was given by Dr. S. S. Desai.

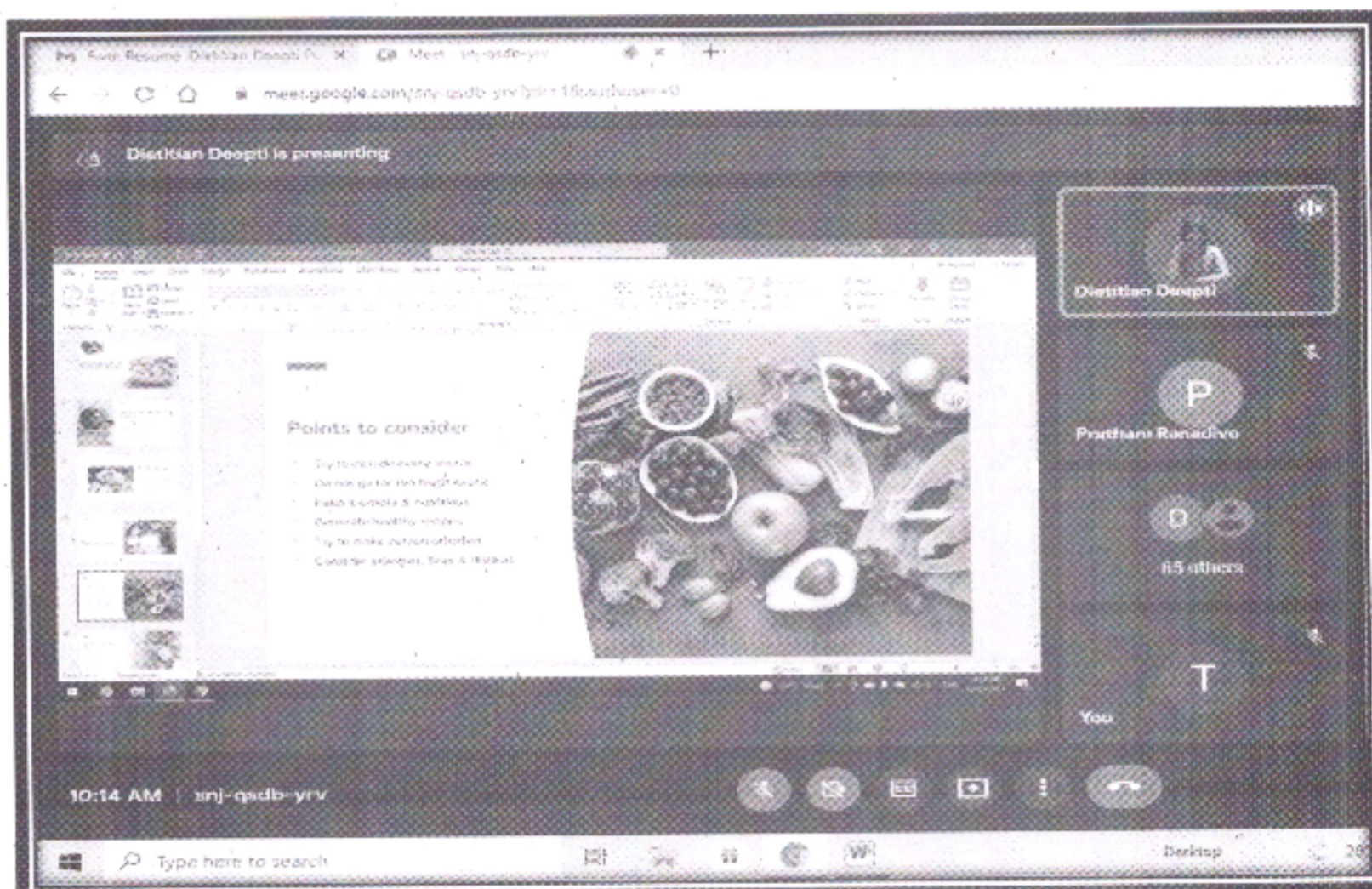
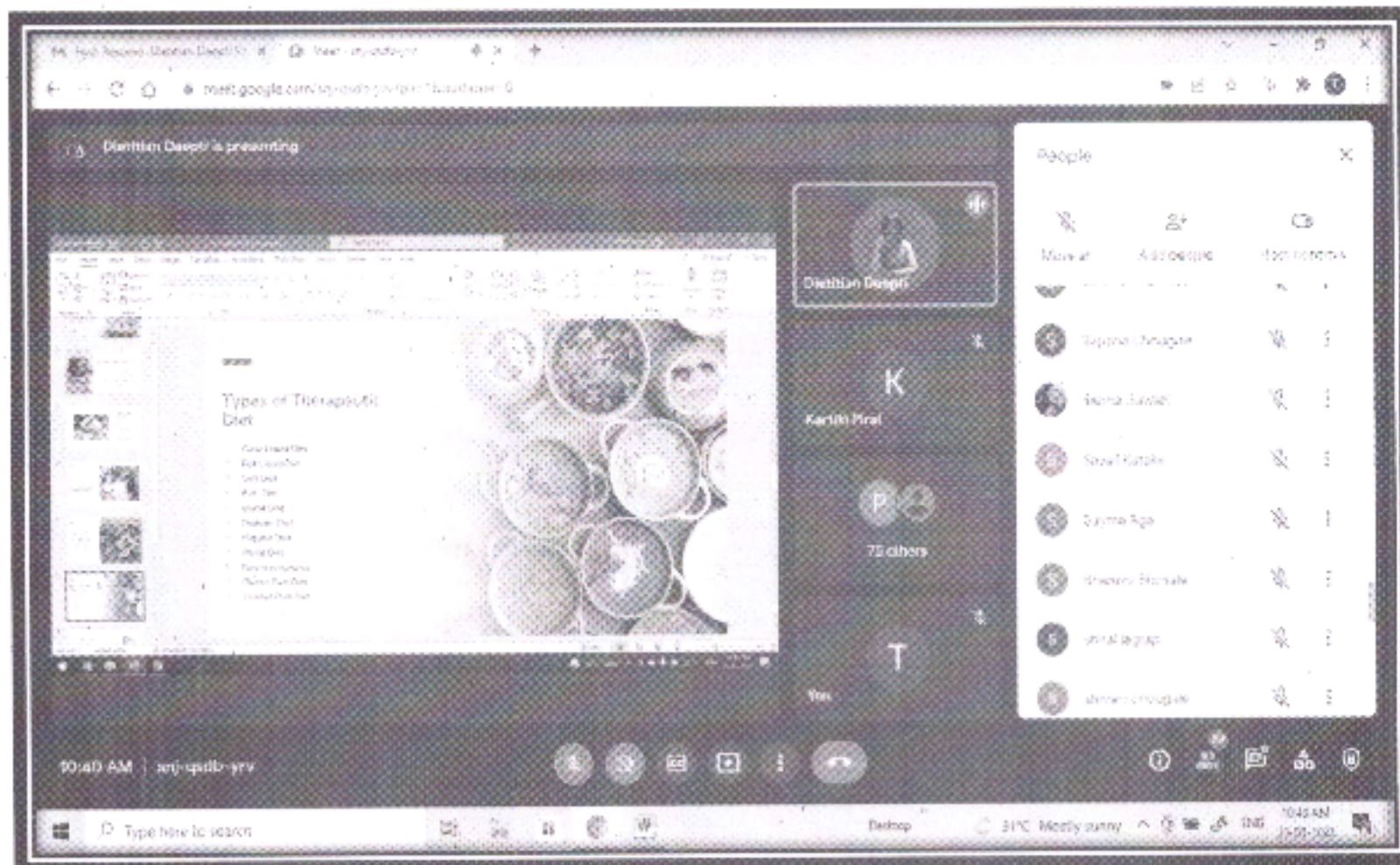
**8. Outcomes:**

The information given in this lecture will be beneficial to college students as they need healthy diet and students will become aware about their nutritional status. Student also



inspired to choose career as dietician and they share information about nutrition and balanced diet in society and family.

9. Photos:



10. Signatures of coordinator/ organizer:

*Prathani*  
 Head,  
 Department of Zoology  
 Vivekanand College,  
 Kolhapur (Autonomous)



Date: 19/03/2022

To,  
The Principal,  
Vivekanand College, Kolhapur (Autonomous)

**Subject: Regarding the permission for organizing Guest lecture for Add on  
Course**

Respected Sir,

With reference to above subject, department of Zoology Vivekanand College, Kolhapur (Autonomous) is going to organize online **Guest lecture on Therapeutic Diet** for students of Add on course "Nutrition and Dietetics" and B.Sc. I, II & III on Sunday, 20/03/2022 at 10.00 am on Google meet platform. For that kindly requesting you to grant permission and remuneration of Rs. 500/- for the same.

Thanking you.

~~Attn~~ Permission Granted

for  
19/3/2022

Your's faithfully,



Dr. G. K. Sontakke  
Head,  
Department of Zoology  
Vivekanand College,  
Kolhapur (Autonomous)

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Shri Swami Vivekanand Shikshan sanstha's  
**Vivekanand College, Kolhapur (Autonomous)**  
**Department of Zoology**  
Academic year 2021-2022  
Add on course "Nutrition and Dietetics"

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**Date: 19 /03/2022**


## NOTICE

All students hereby informed that, Department of Zoology organising Guest Lecture on Topic "Therapeutic Diet" on Sunday, 20/03/2022 at 10.00 am. Lecture will be conducted on Google Meet platform. Link for lecture will be provided before 10 min. on what's app group. All should be present. This lecture will help you to understand further opportunities in dietician career.

**Guest Speaker**

**Dipti Parab**

Clinical Dietitian, Mumbai.

  
**Dr. G. K. Sontakke**  
Head,  
Department of Zoology  
Vivekanand College,  
Kolhapur (Autonomous)

Jr. College Recog. No. H.S.C./1074/R-1/DT : 8-8-1976  
 Jr. College Code No. 23-09-002  
 Jr. College U.Dise No. 27341301006

“ज्ञान, विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार”  
 शिक्षणमहर्षी डॉ. बापूजी साळुंखे

Estd. : June 1964



# विवेकानंद कॉलेज, कोल्हापूर (स्वायत्त)

२१३०, ई, ताराबाई पार्क, कोल्हापूर, ता. करवीर, जि. कोल्हापूर - ४१६ ००३

शिवाजी विद्यापीठ, कोल्हापूर संलग्नीत

नेक मानांकन : 'A' (सी.जी.पी.ए. ३.२४)

कॉलेज उईथ पोटेन्शियल फॉर एक्सलन्स, यु.जी.सी., न्यु दिल्ली

स्टार कॉलेज - डी.बी.टी. - भारत सरकार

आय.एस.ओ. ९००१:२०१५



(स्वायत्त) कोल्हापूर

Ph. : 0231-2658612, 2658840 Fax : 0231-2658840 Resi. : 0231-2653962 Website : www.vivekanandcollege.org E-mail : info@vivekanandcollege.org

संस्थापक  
 डॉ. बापूजी साळुंखे  
 D. Lit.

अध्यक्ष  
 मा. आमदार चंद्रकांत दादा पाटील  
 MLA

कार्याध्यक्ष  
 प्राचार्य अभयकुमार साळुंखे  
 M.A.

सचिव  
 प्राचार्या सौ. शुभांगी गावडे  
 M.Sc., B.Ed.

प्राचार्य  
 डॉ. आर. आर. कुंभार  
 M.Sc. M.Phil. Ph.D.

जावक क्रमांक व्हि.सी.के. / 2021-22 / E-mail

दिनांक : 19/03/2022

To,

Ms. Dipti Parab,  
 Clinical Dietitian,  
 Nutrigenomics Counsellor,  
 Sports Nutritionist,  
 Diabetic Educator and Diabetic Recipe  
 Mumbai.

**Subject: Regarding the invitation to deliver the Guest lecture on  
 “Therapeutic Diet”**


Respected Madam,

With reference to above subject, Department of Zoology Vivekanand College, Kolhapur (Autonomous) is going to organize online **Guest lecture on Therapeutic Diet** for students of add on course “Nutrition and Dietetics.” We feel honored to invite you to deliver an expert lecture on the topic “**Therapeutic Diet**” on Sunday, 20/03/2022 at 10.00 am.

We, therefore, kindly request you to accept our invitation & inspire the students regarding career as dietitian.

Thanking you.

Yours faithfully,

  
 Dr. R. R. Kumbhar  
 PRINCIPAL  
 Vivekanand College  
 P Kolhapur



Browser tabs: Fwd: Resume :Dietitian Deepti, Meet - snj-qsdb-yrv

Address bar: meet.google.com/snj-qsdb-yrv?pti=1&authuser=0

Meeting title: Dietitian Deepti is presenting

Types of Therapeutic Diet

- Clear Liquid Diet
- Full Liquid Diet
- Soft Diet
- Full Diet
- Blind Diet
- Diabetic Diet
- Hepatic Diet
- Renal Diet
- Diet in pregnancy
- Gluten Free Diet
- Lowest Fats Diet

Participant list (People):

- Mute all
- Add people
- Host controls
- Sapana Chougale
- Sapna Gawari
- Sayali Katakale
- Sayma Aga
- Sharayu Bhosale
- shital jagtap
- shivani chougale

System tray: 10:40 AM | snj-qsdb-yrv, Desktop, 31°C Mostly sunny, 20-03-2022

*Prata*  
 Head,  
 Department of Zoology  
 Vivekanand College,  
 Kolhapur (Autonomous)



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प्राचार्य  
डॉ. आर. आर. कुंभार  
M.Sc. M.Phil. Ph.D.

जावक क्रमांक वि.सी.के. / 2021-22/ Email

दिनांक : 21/03/2022

Ms. Dipti Parab,  
Clinical Dietitian,  
Nutrigenomics Counsellor,  
Sports Nutritionist,  
Diabetic Educator and Diabetic Recipe  
Mumbai.

**Sub: Thanking letter....**

Respected Madam,

On behalf of Department of Zoology Vivekanand College, Kolhapur (Autonomous) we express our sincere gratitude towards you. It was thought provoking lecture. We gained noteworthy information & minute details about “Therapeutic Diet” which is useful for the career building of our students. Your session was full of enthusiasm, decisive and of learning opportunities for the students.

Thank you & regards.

Yours faithfully,

*R.R. Kumbhar*

Dr. R. R. Kumbhar

PRINCIPAL  
Vivekanand College  
Kolhapur