"Dissemination of Education for Knowledge, Science and Culture"

-Shikshanmaharshi Dr. Bapuji Salunkhe



Shri Swami Vivekanand Shikshan Sanstha's



Vivekanand College, Kolhapur (Autonomous)

National Cadet Corps

(5 MAH BN NCC & 6 MAH GIRLS BN NCC, KOP)

(2020-21)

One Page Report: International yoga day

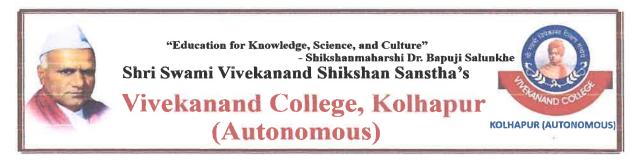
1.	Name of the Department	National Cadet Corps						
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2.	Name of the Activity	International yoga day						
3.	Date / Duration	21/06/2021						
4.	Aims & Objectives	To give the information regarding the yoga and meditation.						
ľ		To give the information regarding the scientific ways of yoga and						
		meditation practice .						
		To create awareness about enhancing the inner strength and immunity						
		building.						
5.	No. of Beneficiaries	Total attendee 91 58 girls						
		33boys						
Ì								
6.	Expenditure & Fundings							
7.	Brief Discussion	Yoga, derived from the Sanskrit word 'yuj,' signifies the union of our physical and spiritual selves. It involves a conscious blend of physical and mental activities, fostering harmony in our daily routines. On Friday, 21st June 2021, Vivekanand College (Autonomous), Kolhapur, observed the 7th International Yoga Day following the guidelines provided by the AYUSH department. A total of 65 NCC cadets, NSS volunteers, students, and teaching/non-teaching staff participated with great enthusiasm.						
		The event was graced by the presence of Brigadier R. K. Singh, NCC Group Commander; Training Officer Colonel Nayar; Colonel R. B. Holla, Commanding Officer, 05 MahBn NCC, Kolhapur; and Colonel S. P. Tiwari, Commanding Officer, 06 MahBn NCC, Kolhapur, who joined online along with their battalion staff. Participants engaged in yoga under the expert guidance of Yoga teachers Ghokhale and Prof MilindKaranjkar through a Zoom meeting.						
		The inaugural ceremony was conducted by PrinAbhaykumarSalunkhe, the Chairman of Shri Swami Vivekanand Shikshan Sanstha, Kolhapur. The successful organization of the function was overseen by PrinDr R. R. Kumbhar, Capt Sunita Bhosale, and Lt J. R. Bharamgonda. Approximately one hundred cadets, along with their family members, actively participated in the yoga session, promoting physical and mental						

	well-being
8. Outcomes	 The cadets participated and practiced the yoga in scientific way. The cadets decided to do the yoga for every day. The cadets are decided to participate in all government campaigns

Lt. J. R. Bharamgonda
Coy Commander
NCC, Vivekanand College,
Kolhapur



Capt. Sunita Bhosale
Coy Commander
NCC, Vivekanand College,
Kolhapur



16 /06/2020

National Cadet Corps

NOTICE

All SD and SW cadets are hereby informed that the NCC department of the college is organizing the 'International Yoga Day' online, which will take place on 21 June 2020 through the Zoom platform. All cadets must join the session online on or before 07:30 AM

Lt. J. R. Bharamgonda
Coy Commander

NCC, Vivekanand College, Koihapur Capt. Sunita Bhosale

Coy Commander NCC, Vivekanand College, Kolhapur Dr S.Y. Hongekar PRINCIPAL VIVEKANAND COLLEGE KOLHAPUR (AUTONOMOUS)







International Yoga Day 21/06/2021

VIVEKANAND COLLEGE, KOLHAPUR

International Yoga Day F

DATE; 21/06/2020

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MH19SWA559907	Au.	40	MH21SDA559943	Dorr
MH19SWA559911	Nehaum.	41	MH21SDA559944	Barnde
MH19/SWA559912	AVMS	42	MH21SDA559945	Ahora
MH20WA559914	Imare	43	MH21SDA559946	BULL
MH20SWA559915	Spalit.	44	MH21SDA559947	smile
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Coy Commander NCC, Vivekanand College, Kolhapur

VIVEKANAND COLLEGE, KOLHAPUR 6 MAH GIRLS BN NCC , KOLHAPUR

Cadets Participated for Toternational Yoga Day Program

Date: 21106120

Sr. No.	Regt. No.	Sign	Sr.No.	Regt. No.	Sign
1	MH20SWA584392		31	MH19SWA584401	Bhosale N.R
2	MH20SWA584393	S. Christon	32	MH19SWA584402	P.S. Pajari
3	MH20SWA584394	P.S. Chaugade	33	MH19SWA584403	D. Kumbuar.
4	MH20SWA584395	(S) BWW	34	MH19SWA584404	<u>→</u>
5	MH20SWA584396	M. Garkingal	35	MH19SWA584405	Beranie S. U
6	MH20SWA584397	& gaike and	36	MH19SWA584407	Sutar.P
7	MH20SWA584398		37	MH19SWA584408	Jisna Mather
8	MH20SWA584399	Padhak	38	MH19SWA584409	7-B. Chavan
9	MH20SWA584400	Blandhess.	39	MH19SWA584410	Descis.
10	MH20SWA584401	M.D. Haddow	40	MH19SWA584411	GOVE D.R
11	MH20SWA584402	Akulve.	41	MH19SWA584412	Vbare-S.B.
12	MH20SWA584403	Kumavat.V.	42	MH18SWA584401	M.A. Gavade
13	MH20SWA584404	S.S. Lad	43	MH18SWA584402	Couraw G.B
14	MH20SWA584405	- C - M	44	MH18SWA584404	Khot Pooja
15	MH20SWA584406	Patil Prairita	45	MH18SWA584405	R.A. Kumbhar
16	MH20SWA584407	R.R. Patil	46	MH18SWA584406	Magdem P.
17	MH20SWA584408		47	MH18SWA584407	P. Nagclein
18	MH20SWA584409	Wattle	48	MH18SWA584415	<u> </u>
19	MH20SWA584410	Shingacle A	49	MH18SWA584409	Paril-V.V
20	MH20SWA584411	Shashinbro	50	MH18SWA584411	Dahas tralund
21	MH20SWA584412	P.P. pshirke	51	MH18SWA584412	
22	MH20SWA584413	<u> </u>	52	MH18SWA584413	N-Yadow
23	MH19SWA584392	D.H.Bam.			
24	MH19SWA584393	J. Sagaan kar			
25	MH19SWA584394	Clarade CuA			
26	MH19SWA584395	& Shindle			
27	MH19SWA584396	PabilMautt			
28	MH19SWA584397	100 m			
29	MH19SWA584399	A.N. Mugdar			
30	MH19SWA584400	Thandar.V.			





Vivekanand Co Kolhapu