

"Education for Knowledge. Science and Culture"
-Shiksahnmaharshi Dr. Bapuji Salunkhe

## VIVEKANAND COLLEGE, KOLHAPUR (EMPOWERED AUTONOMOUS) INTERNAL QUALITY ASSURANCE CELL 2024-25



## Quality Initiatives/ Activities Report

me or Department: NSS

2. Name of Organized Activity: International Yoga Day

3. Date/ Duration: 21-06-2024

4. Aims and Objectives:

1. 10 raise awareness about the benefits of practicing yoga and promote a nealthier lifestyle.

No. of beneficiaries: Total 28 NSS volunteers were participated in this event

b. Expenditure & funding agency:/collaborators: Vivekanand College, Kolhapur (Autonomous)

7. Brief description: International day of Yoga Celebrations was conducted by NSS Cell of Vivekanand College, Kolhapur on 21<sup>st</sup> June 2024. Total 58 NSS volunteers were participated in this event. All the Faculty and staff of college were participated in Yoga Day Celebrations. Gokhale Guruji given training in Yoga for faculty and staff. Principal Dr.R.R.Kumbhar advised the staff to practice Yoga for Good Health. NSS Programme officer Mr.Sandip Patil. Mr.P.R.Bagade Captain Prof.Sunita Bhosale, Lt.Prof.J.R.Bharamgonda, Mr.S.L.Nakadi took part in the event.

## 8. Outcomes:

1. Able to promote Yoga and its benefits



## 9. Photos:



Photo: Inauguration of Yoga Day in presence of Principal Dr. S. Y. Hongekar

10. Signatures of coordinator/ organizer:

**PROGRAMME OFFICER** NATIONAL SERVICE SCHEME VIVEKANAND COLLEGE, KOLHAPUR (EMPOWERED AUTONOMOUS)

